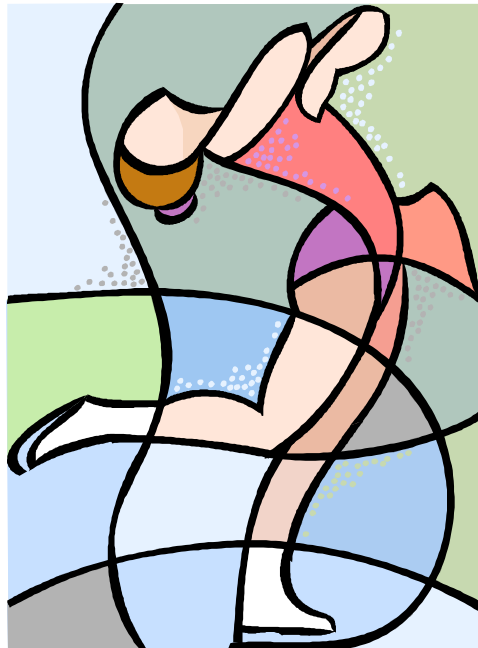




Sherwood Ice Arena
ISI
Spring Classic
2010



April 30th – May 2nd 2010
Sherwood, Oregon



Sherwood Ice Arena



Spring Classic 2010

February 26, 2010

Attention: District 13 Rinks, Coaches and Competitors ~

The coaches, staff and skaters at Sherwood Ice Arena cordially invite you to attend Sherwood Ice Arena's 7TH Annual Spring Classic ISI Competition. The competition will be held on April 30, May 1, and 2nd, 2010.

Medals will be given to the top 5 skaters in all events. We will also be giving our beautiful Team Trophy to the top 3 rinks that have accumulated the most Team Points. Gift Baskets will be given to the three coaches who bring the most students and the student who has entered the most events.

Please check the ISI website, www.skateisi.org, for all 2010 rule revisions.

All entries must be postmarked by March 31, 2010. Please have your Skating Director or Team Coach collect all entries and send them in together. Be sure to verify and sign each entry before sending them in. Entries postmarked after March 31, 2010 will be considered late and will be charged double entry fee. There will be no refunds, sorry! The Practice Ice and Competition schedules will be posted on our website, www.sherwoodicearena.com, by April 19th, 2010.

The host hotel for the competition is the Best Western Northwind Inn and Suites located conveniently 10 minutes away from Sherwood Ice Arena. Ask for the Spring Classic Competition special rate of \$89.95 per night plus tax. While in Sherwood, you are just minutes away from great shopping, entertainment and dining at the Bridgeport Mall in Tualatin, Oregon.

Enclosed you will find all the necessary forms and information about our competition.

Also enclosed is a new piece to our competition that is near and dear to my heart. With the spring as our theme, Spring Classic has started the **GARDEN OF HOPE** program. Each year we will be fundraising for different charities or foundations that will benefit our community. **This first year we will be fundraising for the JDRE, the Juvenile Diabetes Research Foundation.** You can join in by purchasing message flowers for our Garden of Hope. Each message flower will be to the skater of your choice. You choose the skater and special message. Donations start at \$5.00 per flower. Skaters take their flowers home as souvenirs. More details are enclosed. I invite you to join our cause while wishing your favorite skaters much success.

If you have any questions please feel free to contact me anytime. We look forward to seeing you in Sherwood the first weekend in May.

Sincerely,

Shannon Young

Shannon Young

ISI Competition Director

503-277-8297 (cell/office) or 503-625-5757 (arena)

Email: skating4sure@yahoo.com

Events:

Tots 1-4, Pre-Alpha, Alpha, Beta, Gamma, Delta, Freestyle 1-10, Footwork 1-10, Artistic, Stroking Alpha-Freestyle 4, Pairs, Spotlight Tot-Freestyle 10, Open Events Bronze-Gold, and Rythmic, Family Spotlight, Solo Compulsories, Team Compulsories, Jump/Spin Team, Special Skater, Synchronized, Production, Kaliedoskate, and Ensemble. Male and female skaters will compete separately in technical events only. The age groups will be determined by the number of entries in each event.

Rules:

The competition will be conducted in accordance with the guidelines contained in the latest edition of the *ISI Handbook* and the 2010 Rule Revisions effective January 1, 2010.

Entries:

The Team Coach from each rink should collect fully completed entry forms accompanied by check or money order in the appropriate amount. Please mail to:

**Sherwood Ice Arena
Attn: Shannon Young
20407 S.W. Borchers Drive
Sherwood OR 97140
skating4sure@yahoo.com**

All entries must be received no later than March 31st, 2010. Make checks payable to **SHERWOOD ICE ARENA. There will be no refunds.** All entries received after March 31st, 2010 will be considered late and will be charged double the entry fee.

INCLUDE ALPHABETIZED TEAM LIST WITH EACH SKATER'S AGE, ISI # & EVENTS ENTERED.

Verification:

The Team Coach or Skating Director must sign each form to verify that the information contained on the entry form is true and correct. The information on the entry form must be accurate and complete. Inaccurate and/or incomplete forms will be returned. False information will result in disqualification.

Eligibility:

All skaters entering the competition must be currently registered with the Ice Skating Institute (ISI). All entrants must compete in the highest test level they have passed and registered with ISI on or before March 31, 2010. **All skaters' ISI memberships and test level completion will be verified through ISI.**

USFS tests passed may compete no lower than:

Pre-Preliminary	Freestyle 3
Preliminary	Freestyle 4
Pre-Juvenile	Freestyle 4
Juvenile	Freestyle 6
Intermediate	Freestyle 6
Novice	Freestyle 7
Junior	Freestyle 8
Senior	Freestyle 8

<i>ISI FS Skater who has passed:</i>	<i>USFS Skater who has passed:</i>	<i>New Open FS Level will be:</i>
Freestyle 1-3	Pre-Preliminary Adult Pre-Bronze/Bronze	Bronze
Freestyle 4-5	Preliminary Pre-Juvenile Adult Silver	Silver
FS 5-6	Juvenile Intermediate Adult Gold	Gold
Freestyle 7-10	Novice Junior Senior	Platinum

Registration:

All skaters are to register an hour prior to their scheduled event. CD's should be turned in at that time.

Awards:

Medals will be given to the 1st through 5th place winners in each event. Awards will be presented upon the posting of each individual event.

Pictures and Videos:

A photographer will be taking pictures of the 1st through 5th place winners. Photos will be available for purchase at that time only. Videos will also be available for purchase the day of the competition only. Videos will include highlights of special moments from the competition.

Schedule of Events:

The schedule of events will be sent to each participating rink, not the individual skaters. Please check with your skating director or coach after April 16th, 2010 for your competition times. Final schedule will be available on our website www.sherwoodicearena.com on April 28th, 2010.

Accounting Review Requests:

Accounting Review Requests must be made in writing and submitted by the Team Coach to the Competition Director or the Chief Referee no later than one hour after the results have been posted. All accounting review requests must include a fee of \$50.00, which will be refunded should the accounting review request be upheld. Requests concerning "judgment" will not be considered. The Chief Referee's decision will be final!

Practice Sessions:

A practice schedule will be mailed to each rink by April 19th, 2010.

Music:

CD's are required and must be clearly labeled with skater's name, rink name, division, age and coach's name. CD's must be handed in at the registration desk no later than one hour prior to the scheduled event. There should be no more than one program on a CD. Please pick up CD's one hour after the scheduled event at the registration table. Music for Interpretive events will be provided by the host rink.

Timing and Duration:

All routines will start from a stationary position. The timing of the routine will start when any motion from the skater's starting position is initiated. For Team Events and Spotlight, any action initiated after the music starts will commence the timing of the program.

Program Durations Listed in Minutes			
Tot	1.0	Team Compulsory	3.5
Pre Alpha-Delta	1.0	Artistic FS1 thru FS5	1.5
		Artistic Open Bronze-Silver	1.5
FS 1 thru 3	1.5	Artistic FS 6-10	2.0
Open Bronze	2.0	Artistic Open Gold-Platinum	2.0
FS 4 and 5	2.0	Spotlight Tot- Delta/Couple Low	1.0
Open Silver	2.0	Spotlight FS1 –FS3/Couple Med.	1.5
FS 6	2.5	Spotlight FS 4-5/Couple Int.	1.5
FS 7	3.0	Spotlight Open Bronze-Silver	1.5
Open Gold	3.0	Spotlight FS 6-10/Couple High	2.0
		Spotlight Open Gold-Platinum	2.0
FS 8	3.5	Comedy Team / Ensemble	2.0
FS 9	4.0	Family Spotlight	1.5
FS 10	4.0	Footwork	1.0
Open Platinum	4.0	Pair 1	1.5
Couples 1-3	1.5	Pair 2-3	2.0
Couples 4-6	2.0	Pair 4	2.5
Synchronized Teams	3.0-4.5	Pair 5-6	3.0
(See handbook for Details)			

10 Second Leeway:

The 10 Second leeway over the prescribed time also applies to Pre-Alpha through Delta, Freestyle, Footwork, Synchronized, Team Compulsories and Pairs. This means that the judging will stop at 10 seconds over the prescribed time. If the skater continues to skate 11 to 14 seconds over the prescribed time, he/she will be given the score of 8.0. If the skater continues to skate 15 or more seconds beyond the prescribed time, the skater will receive a score of 5.0. Any required maneuver done past the 10 second leeway will receive a zero. There is no penalty for skating under the prescribed time.

Uncaptured Maneuvers:

There are certain maneuvers that are not listed as requirements in any of the test levels. These moves are called uncaptured maneuvers:

- Uncaptured ½ rotation jumps may be performed at any level.
- Uncaptured full rotation jumps may be performed at the FS2 level or higher.
- Uncaptured 1 ½ rotation jumps may be performed at the FS4 level or higher.
- Uncaptured 2 rotation jumps may be performed at the FS5 level or higher.
- Uncaptured gliding maneuvers may be performed at any level.
- Uncaptured spins using a variation of the camel position may be performed at the FS5 level and above.
- Uncaptured spins using a variation of the layback position may be performed at the FS6 level or higher.

The penalty for performing an uncaptured maneuver at the wrong level will be the grade of 2.0 on the judges sheet under extra content.

Skaters' Warm-ups:

There will be a short warm-up period before each event.

Description of Events

Tots (1-4)

Tots (skaters age 6 and under) will perform a 1:00 minute routine with music. They should only perform the required maneuvers from their test level. Additional maneuvers should not be included and will not be judged. 2-foot and/or 1-foot snowplow stops are permitted in Tot events.

Pre-Alpha through Delta:

Pre-Alpha, Alpha, Beta, Gamma, and Delta skaters must include one and only one additional maneuver from FS 1. Skaters who perform two different FS 1 moves will be penalized with a 2.0 given under Extra Content. Their programs may not exceed one minute.

In Beta, the foot must be lifted off the ice for the back crossover. Cut backs do not meet the test requirements.

In Gamma, at least three strokes must precede the mohawk combination, for a total of seven steps.

For Delta and FS 1, the edges must be done consecutively outside-outside and inside-inside. The lunge must be done in a straight line and completed with a one-foot glide.

Freestyle 1-10:

Skaters are to perform to music including all the required maneuvers from the test level. Skaters are limited to three attempts per required maneuver during their program. Additional maneuvers from higher test levels or uncaptured moves from a higher level ARE NOT permitted.

Dance Step Sequences:

All dance step sequences in freestyle and couples have mandatory patterns that must be performed as pictured in the *ISI Handbook*. The dance step sequences for FS2 and FS3 may be performed in either direction. The dance steps for FS 4-9 must be performed as shown in *ISI Handbook*.

Spins:

The combination spin in FS 5 must be a camel-sit-upright. Three revolutions are required for each position. In the FS6 the spin combo does not have to be three different positions, just three different spins and at least one change of foot. A different leg position is considered a different body position, i.e., the sit spin and back spin are considered different body position (ex. Camel-sit-back sit, camel-back camel- back sit; layback-back sit-back scratch). The combination spin in FS7 (RULE CHANGE Jan. 1, 2004) includes a flying spin and at least four different body positions with at least one change of foot. Each body position must be held for at least three revolutions.

Open Freestyle – Bronze / Silver / Gold / Open Platinum:

Freestyle skaters now have even more options to participate in ISI competition events. Skaters who have passed any level of the traditional Freestyle 1-10 tests can also participate in the new Open Freestyle events.

There are ***NO REQUIRED MANEUVERS*** for these new “open” events.

- Skaters in FS 1-3 can participate in the Bronze event and do maneuvers from FS 3 and below.
- Skaters in FS 4-5 can participate in the Silver event and do maneuvers from FS 5 and below.
- Skaters in FS 5-6 can participate in the Gold event and do maneuvers from FS 6 and below.
- Skaters in FS 7-10 can participate in the Platinum event and do any skating maneuvers.

Judging criteria is: Correctness, Variety of Moves, Music Interpretation, Choreography & Pattern, Posture, Presentation, Duration and General Overall.

Solo Compulsories:

Skaters will perform compulsory maneuvers from their test level. Three maneuvers have been selected and are listed in this packet. Maneuvers may be performed in any order in a “mini-program” with no music. A minimum amount of connecting steps will be allowed, however, there is no grade given for these interconnecting moves. Additional maneuvers, such as a jump, spin, or gliding maneuver from a test level or any uncaptured move, are not allowed. Tot- FS5 shall perform on half-ice. Freestyle 6-10 shall perform on whole ice. **There is a one minute maximum time limit.**

Test Maneuvers

Skaters will perform two maneuvers from their level. The maneuvers are listed in the entry packet. Each skater will be able to attempt both maneuvers two times. These maneuvers will be done on half-ice.

Stroking- Alpha through Delta:

Skaters will perform forward stroking and forward crossovers in both directions to music selected by the Competition Director.

Stroking- Freestyle 1-4:

Skaters will perform the above in addition to backward stroking with back crossovers in both directions.

Spotlight Program Duration and Prop Specifications:

Skaters may enter more than one category, but each program must be different. Timing of this event will begin when any action starts or not later than 15 seconds after the music begins. The skater has up to 15 seconds to get both feet moving. Once action begins, Tots through Delta will be allowed 1 minute. Freestyle 1-5/ Open Bronze through Open Silver will be allowed 1 and 1/2 minutes, and Freestyle 6-10/ Open Gold and Open Platinum will be allowed 2.0 minutes. Spotlight events have no required moves. Emphasis is placed on the theatrical and entertainment value of the skater’s performance, rather than on the technical maneuvers. Skaters are limited as to the maneuvers that may be performed during spotlight programs:

- Tots through Delta levels are permitted to perform maneuvers from FS1 and below along with any uncaptured maneuvers from these levels.
- FS 1-3/Open Bronze levels are permitted to perform maneuvers from FS4 and below along with any uncaptured maneuvers from these levels.
- FS 4-5/ Open Silver levels are permitted to perform maneuvers from FS6 and below along with any uncaptured maneuvers from these levels.
- FS 6-10/ Open Gold and Open Platinum levels are permitted to perform maneuvers from any level, and any uncaptured moves.

Spotlight Light Entertainment:

To entertain in a refreshing lighthearted, vaudevillian fashion using music, costumes, and props (optional).

Spotlight Dramatic:

Spotlight Dramatic is an artistic theatrical performance by an individual skater that evokes an emotional response from the judges and audience. The skater's interpretation should create a mood that is enhanced by style, creativity, costuming, and props. The overall impression at the conclusion of the performance should be that it was dramatic, not lighthearted, as in the Light Entertainment category.

Spotlight Character:

Individual skaters portrays a famous, easily identifiable character, through the use of music, costume, props, and actions. Opportunity exists here for the skater to be creative, original, and exciting. Examples: Pink Panther, Superman, Cinderella, Minnie Mouse, and more.

Couples Spotlight:

Couples Spotlight is now in four categories:

Low – Pre-Alpha to Delta	Maneuvers allowed are FS1 and below	Duration: 1:00 min.
Medium – FS1-3/Open Bronze	Maneuvers allowed are FS4 and below	Duration: 1:30 min.
Intermediate – FS4-5/Open Silver	Maneuvers allowed are FS6 and below	Duration: 1:30 min.
High – FS6 – 10/ Open Gold/ Open Platinum	All maneuvers allowed	Duration: 2:00 min.

Family Spotlight:

Family Spotlight is 1:30 minutes in duration and is open to teams of two or more family members. Use the Team Entry Form.

Costumes & Props:

Elaborate costumes and props are encouraged to help skaters with the act. Younger skaters can have assistance with props on and/or off the ice. The following will not be allowed:

- wet mops with buckets of water
- flame oriented props
- anything that can alter the surface of the ice
- live props
- off ice participation during the number.

Rule in Effect: 30 seconds to set up a prop; 30 seconds to remove the prop and exit the ice after performance.

Rink Size: 200' x 85'; Olympia doors will be open for entrance to ice.

Sherwood Ice Arena is not responsible for lost, damaged or stolen props.

Singles Interpretive:

Open to all skaters of all levels. The music will be provided. Emphasis is on the skater's ability to choreograph to music, not on the difficulty of the skating maneuvers performed. Skaters may not receive any help from their coach or others during this event. Skaters of several test levels as well as skaters of both sexes may be combined for the competition purpose of this event.

- Tots – Delta skaters are permitted to perform maneuvers from FS1 and below along with any uncaptured maneuvers from these levels.
- FS1 – FS3/ Open Bronze skaters are permitted to perform maneuvers from FS4 and below along with any uncaptured maneuvers from these levels.
- FS4 - FS5/ Open Silver skaters are permitted to perform maneuvers from FS6 and below along with any maneuvers from these levels.
- FS6 – FS10/ Open Gold/ Open Platinum skaters are permitted to perform maneuvers from any level.

Couples Interpretive:

Two skaters will perform a routine together, following the rules previously mentioned in singles interpretive. Skaters will be divided by level according to the Couples Spotlight events. Skaters will also have the same maneuver limitations as in the Couples Spotlight events.

Footwork Event:

Skaters perform footwork sequences of their own design to music. The program should contain a variety of turns, steps, and sequences. The one minute program may contain ½ rotation jumps and spins less than three revolutions.

Artistic:

This event is open to all skaters Freestyle 1 and above. Props of any kind are **not permitted**. This includes a portion of a costume (hats, boas, etc.) if it is detached from the costume and used as a prop. Skaters perform a program to music with emphasis on strong edges, flow, choreography, innovative moves and musical interpretation. There is no score for technical ability in this event.

- FS1 – 3/ Open Bronze skaters are permitted to do maneuvers and uncaptured moves from FS4 and below.
- FS4 – 5/ Open Silver skaters are permitted to do maneuvers and uncaptured moves from FS6 and below.
- FS6 – 10/ Open Gold/ Open Platinum skaters are permitted to do any maneuvers and uncaptured moves.

Rhythmic Skating:

This new entertaining event requires the use of one hand-held prop listed below. The program should contain elements that employ the use of the prop throughout the routine. The skater must maintain control of the prop at all times. Props of same kind (i.e. Ball / Hoop / Ribbon) must be grouped together and cannot be combined for competition event groups.

The same rules and limitations apply for Rhythmic Skating as for Spotlight events. Props are not allowed on the event warm-up. If it is obvious that the skater's prop does not meet the following specifications, the panel Referee can determine if any point deduction should be taken.

Choice of one:

- **Hoop** – Must be made from wood or plastic (from a rigid, non-bending material). The hoop diameter should measure between 2 feet 7 inches – 2 feet 11 inches.
- **Ball** – Must be made of rubber or plastic. The ball diameter should measure approximately 7-3/4 inches.
- **Ribbon** – Stick must be made of wood, plastic or fiberglass. Stick length should be between 20-30 inches. Ribbon material should be one single piece of satin or a non-starched fabric. Ribbon width should be 2-4 inches wide and between 6 feet – 9 feet long.

Skaters must follow the maneuver limitations and duration times below:

<u>Levels</u>	<u>Maneuver Limitations</u>	<u>Duration</u>
FS 1—3 / Bronze	FS 4 and below	1:30 min.
FS 4-5 / Silver	FS 6 and below	1:30 min.
FS 6-10 / Gold / Platinum	Any maneuvers	2:00 min

Jump & Spin Team (2 Person Team):

This event is open to any level ISI Skater. Competition is divided into 4 levels, with required maneuvers listed below. Skaters will perform without music. If team members are at different skill levels, they must compete at the level of the highest team member. Each maneuver may be attempted two times.

<u>Level</u>	<u>Required Jump</u>	<u>Required Spin</u>
Low (Alpha-Delta)	2 foot hop or Bunny Hop	2 Foot Spin
Medium (FS1-FS3)	Half Flip or Toe Loop	2-Foot or 1-Foot Spin
Intermediate (FS4-FS5)	Half Loop or Axel	Sit spin or Back spin
High (FS5-FS10)	Double Salchow or Double Loop	Flying Camel or Flying Sit

Team Compulsory:

This event is open to skaters of Freestyle Levels only. No skater at any Freestyle level is permitted to skate below his/her test level registered at the ISI National Office. Any skater may skate over his/her level. A team at the FS 1 through FS 5 level consists of six (6) skaters of any age, male or female. A FS 6 through FS 10 team consists of seven (7) skaters of any age, male or female.

Kaleidoskate:

A group of 8 or more skaters perform a fun and entertaining group number. Minimal skating skills are required for this event. Each skater represents a speck of color – and those color pieces are choreographed to create constantly changing patterns, designs and formations on the ice. Creativity, use of color and props are also an important part of the overall “design.”

Ensemble:

Similar to Solo Spotlight and Production Team, this event is open to groups of 3-7 skaters of all levels and ages. Skaters will be judged on the performance value of the program. There are no required maneuvers and there is no technical score for this event. The group should use music, costume and props to enhance the theme while creating an entertaining performance. The costume and prop guidelines for Ensemble are the same as the guidelines for Solo Spotlight events. Props are not allowed on warm-up. Duration: 3 minutes.

Production Team:

This team event is for 8 or more skaters. Team will be judged on the performance value of the program. There are no required maneuvers and no technical score for this event. The group should use music along with elaborate costumes and props to enhance the theme while creating an entertaining performance. Skaters from all levels can participate in this event. Entries will be divided into Small / Medium / Large / Extravaganza categories.

Synchronized Skating:

Skaters are to skate as one unit as opposed to individual soloists. Teams will be composed of 8 to 24 skaters. Synchronized skating stresses the importance of unison (see attached Rule Revisions at the end of this Packet).

Team Points:

Team points will be awarded as 5 participation points per team plus placement points for these Groups events: Patten, Synchronized teams, Production, Kaleidoskate, Ensemble and Team Compulsory events. Team placement points are as follows:

1st Place – 25 points, 2nd Place – 20 points, 3rd Place – 15 points, 4th Place – 10 points, and 5th Place – 5 points

Individual points will be awarded to the skater’s represented team as 1 participation point for each individual event plus placement points:

1st Place – 5 points, 2nd Place – 4 points, 3rd Place – 3 points, 4th Place – 2 points, 5th Place – 1 point

Judging:

In fairness to the competitors, all rinks with skaters entered in the competition must cover an appropriate number of judging panels. Please see the *2010 ISI Handbook* for guidelines. All judges must be certified and have passed the 2010 Update Test if their original tests were taken before Jan. 1, 2010. All judges must have a current ISI Professional membership. **All Professional Memberships and Judging Certifications will be verified by ISI.**



Solo Compulsory Moves:

Maneuvers may be performed in any order in a “mini program” with no music. A minimum amount of connecting steps will be allowed, however, there is no grade given for these interconnecting moves. Additional maneuvers, such as jump, spin, or gliding maneuver from a test level or any uncaptured move, are not allowed.

There is a one- minute maximum time limit.

Tot – FS 5 on 1/2 ice

Tot 1	March in place, Fall down/Get up, March while moving
Tot 2	Moving swizzles (3x), 2 Foot Jump in place (3x), 2 Foot Glide
Tot 3	Dip, Preparation for Snowplow Stop, Back Wiggles
Tot 4	Back Swizzles, Back Wiggles, 2 ft or 1 ft Snowplow Stop
Pre Alpha	Forward Swizzles, 1 Foot Glide (Left foot), Back Swizzles
Alpha	Forward Stroking, Left over Right Crossovers, 1 Foot Snowplow Stop
Beta	Back Crossovers Left over Right, left Foot T-Stop, Backward Stroking
Gamma	Right outside 3-turn, Left Inside Mohawk Combination, Hockey Stop
Delta	Left Inside 3-Turn, 4 consecutive Inside Edges, Lunge
Freestyle 1	Forward Arabesque, Waltz Jump, 4 consecutive Back Outside Edges
Freestyle 2	Ballet Jump, One Foot Spin, Half Toe Wally
Freestyle 3	Back Outside or Back Inside Pivot, Salchow Jump, Change Foot Spin
Freestyle 4	Flip Jump, Sit Spin, Loop Jump
Freestyle 5	Axel Jump, Camel/Sit/Scratch Spin, Lutz Jump

FS 6 – 10 on full ice

Freestyle 6	Double Salchow, Spin Combination with one change of foot and one change of position, Axel / Half Loop / Flip Jump Combination
Freestyle 7	Double Toe Loop or Wally Jump, Flying Camel Spin, One Foot Axel into One Quarter Flip into Axel
Freestyle 8	Double Loop Jump, Flying Sit Spin, Split Lutz Jump
Freestyle 9	Axel, Double Loop Jump, Double Axel, or Axel Jump in opposite direction, Flying Camel Spin into a Jump Sit Spin
Freestyle 10	Double Axel, Three Butterfly Jumps, Deathdrop

Test Maneuvers:

Two maneuvers will be performed twice. The best of each will be judged. You may skate any level of Test Maneuvers as long as it is not lower than your test level. Skaters may do up to two different levels. These maneuvers will be performed on half ice. The following maneuvers have been chosen:

Tots:	Dip	Forward Swizzles
Pre Alpha:	One Foot Glide	Backward Swizzles
Alpha:	Forward Crossovers	Forward Stroking
Beta:	Backward Crossovers	Backward Stroking
Gamma:	Outside Three Turn (Left)	Mohawk Combination (Right)
Delta:	Inside Three Turn (Left)	Lunge
Freestyle 1:	Spiral	Waltz Jump
Freestyle 2:	Ballet Jump	One Foot Spin
Freestyle 3:	Salchow	Change Foot Spin
Freestyle 4:	Flip Jump	Sit Spin
Freestyle 5:	Axel Jump	Camel Spin
Freestyle 6:	Double Salchow	Spin Combination
Freestyle 7:	Double Toe Loop	Flying Camel
Freestyle 8:	Double Loop	Flying Sit Spin
Freestyle 9:	Double Lutz	Flying Camel
Freestyle 10:	Double Axel	Deathdrop



SPRING CLASSIC 2010
GARDEN OF HOPE
WISH YOUR FAVORITE SKATER LUCK
WHILE
BENEFITING
THE JUVENILE DIABETES RESEARCH FOUNDATION



Simply fill out the form below and send it in with your application.

Message Flowers – starting donation \$5.00 per flower

Donations will be sent directly to the JDRF.

Type 1 Diabetes is an autoimmune disease to which there is no cure. The JDRF is the leader in scientific research for Type 1 Diabetes.

With your help, a cure will be that much closer!

Your special message flowers will be placed in our **GARDEN OF HOPE** along the hallway leading to the warm up entrance. At the end of the competition, skaters are invited to take their special messages home for a souvenir. You may send as many message flowers to as many skaters you would like. Join the cause while wishing your skaters success!

Your Name: _____

Receiving Skater's Name: _____

Your message: _____

Color of flower: Red _____

Blue _____

Pink _____

Orange _____

Purple _____

*Spring Classic Garden of Hope Logo by- Jillian Young - 8 years old- Type 1 Diabetic (diagnosed September 2009)

Your Name: _____

Receiving Skater's Name: _____

Your message: _____

Color of flower: Red _____

Blue _____

Pink _____

Orange _____

Purple _____

Your Name: _____

Receiving Skater's Name: _____

Your message: _____

Color of flower: Red _____

Blue _____

Pink _____

Orange _____

Purple _____

Your Name: _____

Receiving Skater's Name: _____

Your message: _____

Color of flower: Red _____

Blue _____

Pink _____

Orange _____

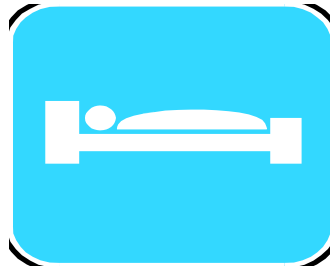
Purple _____

Total # of flowers _____

Total \$ donated _____

Check can be made directly to the JDRF or be included in your competition fees.

Founded in 1970 by parents of children with type 1 diabetes, JDRF is a leader in setting the agenda for diabetes research worldwide, and is the largest charitable funder and advocate of type 1 research. The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 Diabetes is a disease which strikes children and adults suddenly and requires multiple injections of insulin daily or a continuous infusion of insulin through a pump. In type 1 diabetes, the patient's own immune system attacks and destroys insulin-producing islet cells in the pancreas, resulting in the loss of blood-sugar control. Insulin is life support for Type 1 diabetics. Insulin, however, is not a cure for diabetes, nor does it prevent its eventual and devastating complications which may include kidney failure, blindness, heart disease, stroke, amputation, and coma.



Accommodations
Best Western Northwind Inn

16105 SW Pacific Hwy.
King City, OR 97224
1-503-431-2100
\$ 89.95 plus Tax

Please mention that you are with the
Sherwood Ice Arena
“Spring Classic 2009”
Competition



For the Love of Skating Scholarship

Sherwood Ice Arena will be offering three “For the Love of Skating” Scholarships. Each skater (ages 8 and up) who wishes to participate will need to write an essay expressing his or her “Love of Skating”. Tot- age 7 will need only a personal drawing expressing their “Love for Skating”. Entries will be divided into three categories, entrants Tot-7 years of age, 8-10 years of age, and 11 & older. The winner from each category will receive his or her First Entry free of charge. Winning entries will be published in the Competition Program.

All entries must be received no later than
April 15, 2010.

Each entry must include name, phone number and age of skater.

Winners will be notified on or before April 19, 2010.

The essays will be judged on content and originality.

Good Luck to Everyone, and remember speak from the Heart!!!



For The Love Of Skating Entry Form

Skater's Name _____

Address: _____

City: _____ State: _____ Zip: _____

Phone#: _____ Parent's Name: _____

Age Division: (Please Circle)

5-7 years

8-10 years

11 and up

Home Rink:

Please turn in with your application

2010 ISI TEST & COMPETITION REVISIONS

The following 2010 Test & Competition Revisions are optional for ISI competitions after September 1, 2009 and mandatory for all events after January 1, 2010. Competition Directors should inform all participants and judges if they will follow these new revisions for events from September 1 – December 31, 2009.

1. Competition Event Revisions & Clarifications:

- ***Couples Spotlight Medium Duration*** for Freestyle 1-3 / Open Bronze is increased to 1:30
- ***Rhythmic Skating Duration*** (Ball, Hoop & Ribbon) for Freestyle 1-3 is increased to 1:30
- ***Uncaptured Spins*** – The back sit spin and back camel spin can be performed on either edge.
- ***Synchronized Formation Shoulder Hold position*** requires that both shoulders be held.
- ***Against the Book judging*** – Skaters will receive either 1st Place or 2nd Place. It is no longer possible to get 3rd Place against the book. The judging panel should discuss and agree on the placement, whenever possible.

The skater must still receive 80% of the total possible points for 1st Place. If the skater receives an average total of 79.9% or below, they will receive 2nd Place.

For events with technical criteria, the skater should get 1st Place if the required maneuvers are completed to the passing test standard for their age and ability level.

2. Ice Dancing Test Levels have been revised as follows:

Ice Dancing Tests 1-4:	No changes
Ice Dancing Test 5:	Hickory Hoedown, Willow Waltz, Ten Fox
Ice Dancing Test 6:	14-Step, European Waltz, Foxtrot
Ice Dancing Test 7:	American Waltz, Tango, Rocker Foxtrot
Ice Dancing Test 8:	Kilian, Blues
Ice Dancing Test 9:	Paso Doble, Starlight Waltz, Quickstep
Ice Dancing Test 10:	Westminster Waltz, Argentine Tango, Viennese Waltz

3. Special Skater Test requirements have been revised as follows:

Special Skater tests 3, 5, 7 and 9 have a stop requirement for these levels. Skaters can do any stop at any level – 2-foot or 1-foot snowplow; Left or Right T-stop; or hockey stop.

Special Skater Test 9: The Mohawk requirement is for one forward to backward Mohawk on either foot or edge. This requirement is not the same as the 7-step Mohawk combination in the Gamma test.

4. Test Scoring Clarification and National Test Registration – All ISI tests may be scored using the numerical scale of 5-10 for a passing score on each requirement or may be scored as Pass/Retry. Each test requirement must be performed to the passing test standard described in the Skaters and Coaches handbook in order to officially pass the test. The Test Registration spreadsheet (available from ISI) will accept either method of scoring the tests.

2010 ISI COMPETITION EVENT CHART

TEST LEVELS	Freestyle Duration	Freestyle Maneuvers	Artistic Duration	Artistic Maneuvers	Footwork Duration	Spotlight Duration	Spotlight Maneuvers
Tots	1.0	Tot level maneuvers	n/a	n/a	n/a	1.0	FS1 & below
Pre-Alpha	1.0	PreAlpha & below*	n/a	n/a	n/a	1.0	FS1 & below
Alpha	1.0	Alpha & below*	n/a	n/a	n/a	1.0	FS1 & below
Beta	1.0	Beta & below*	n/a	n/a	n/a	1.0	FS1 & below
Gamma	1.0	Gamma & below*	n/a	n/a	n/a	1.0	FS1 & below
Delta	1.0	Delta & below*	n/a	n/a	n/a	1.0	FS1 & below
FS 1	1.5	FS1 & below	1.5	FS4 & below	1.0	1.5	FS4 & below
FS 2	1.5	FS2 & below	1.5	FS4 & below	1.0	1.5	FS4 & below
FS 3	1.5	FS3 & below	1.5	FS4 & below	1.0	1.5	FS4 & below
Open Bronze	2.0	FS3 & below	1.5	FS4 & below	1.0	1.5	FS4 & below
FS 4	2.0	FS4 & below	1.5	FS6 & below	1.0	1.5	FS6 & below
FS 5	2.0	FS5 & below	1.5	FS6 & below	1.0	1.5	FS6 & below
Open Silver	2.0	FS5 & below	1.5	FS6 & below	1.0	1.5	FS6 & below
Open Gold	3.0	FS6 & below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 6	2.5	FS6 & below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 7	3.0	FS7 & below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 8	3.5	FS8 & below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 9	4.0	FS9 & below	2.0	Any maneuvers	1.0	2.0	Any maneuvers
FS 10	4.0	Any maneuvers	2.0	Any maneuvers	1.0	2.0	Any maneuvers
Open Platinum	4.0	Any maneuvers	2.0	Any maneuvers	1.0	2.0	Any maneuvers

* Must include one maneuver from FS1

TEST LEVELS	Rhythmic Duration	Rhythmic Maneuvers	Interpretive Maneuvers	Couple Spotlight Levels	Couple Spotlight Duration	Couple Spotlight Maneuvers
Tots	n/a	n/a	n/a	Low	1.0	FS1 & below
Pre-Alpha	n/a	n/a	FS1 & below	Low	1.0	FS1 & below
Alpha	n/a	n/a	FS1 & below	Low	1.0	FS1 & below
Beta	n/a	n/a	FS1 & below	Low	1.0	FS1 & below
Gamma	n/a	n/a	FS1 & below	Low	1.0	FS1 & below
Delta	n/a	n/a	FS1 & below	Low	1.0	FS1 & below
FS 1	1.5	FS4 & below	FS4 & below	Medium	1.5	FS4 & below
FS 2	1.5	FS4 & below	FS4 & below	Medium	1.5	FS4 & below
FS 3	1.5	FS4 & below	FS4 & below	Medium	1.5	FS4 & below
Open Bronze	1.5	FS4 & below	FS4 & below	Medium	1.5	FS4 & below
FS 4	1.5	FS6 & below	FS6 & below	Intermediate	1.5	FS6 & below
FS 5	1.5	FS6 & below	FS6 & below	Intermediate	1.5	FS6 & below
Open Silver	1.5	FS6 & below	FS6 & below	Intermediate	1.5	FS6 & below
Open Gold	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 6	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 7	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 8	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 9	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
FS 10	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers
Open Platinum	2.0	Any maneuvers	Any maneuvers	High	2.0	Any maneuvers

"Spring Classic"

April 30, May 1, & 2 , 2010

Entry Deadline March 31, 2010



Name: _____ I.S.I. #: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: () _____ Date of Birth: ____/____/____ Age: _____ Sex: Male or Female
 Highest ISI Test Passed: _____ Coach: _____ Coach email: _____
 Rink or Team Representing: _____ Parents Name: _____
Are you an active USFS member who has competed at or above the Novice Level (individual or synchronized) at any USFS National Championship within the last two years?
 Yes No

<p style="text-align: center;"><u>Tots - Delta</u></p> <p><input type="checkbox"/> Tots 1-4 <input type="checkbox"/> Solo <input type="checkbox"/> Stroking (Alpha-Delta) <input type="checkbox"/> Test Maneuvers <input type="checkbox"/> Solo Compulsory <input type="checkbox"/> Spotlight <input type="checkbox"/> Character <input type="checkbox"/> Dramatic <input type="checkbox"/> Light Entertainment <input type="checkbox"/> Interpretive <input type="checkbox"/> Special Skater(1-10)</p> <p style="text-align: center;">Indicate Level <input style="width: 50px; height: 20px;" type="text"/> (Tot 1-4, Pre Alpha-Delta, Special Skater)</p>	<p style="text-align: center;"><u>Freestyle 1-10 Bronze-Platinum</u></p> <p><input type="checkbox"/> Solo <input type="checkbox"/> Stroking (FS 1-4) <input type="checkbox"/> Footwork <input type="checkbox"/> Test Maneuvers <input type="checkbox"/> Solo Compulsory <input type="checkbox"/> Interpretive <input type="checkbox"/> Artistic (all ages) <input type="checkbox"/> Spotlight <input type="checkbox"/> Character <input type="checkbox"/> Dramatic <input type="checkbox"/> Light Entertainment <input type="checkbox"/> Rhythmic</p> <p style="text-align: center;">Indicate Level <input style="width: 50px; height: 20px;" type="text"/> (1-10)(Bronze-Platinum)</p>	<p style="text-align: center;"><u>Partner Events</u></p> <p><input type="checkbox"/> Couple Spotlight Low <input type="checkbox"/> Couple Spotlight Medium <input type="checkbox"/> Couple Spotlight Intermediate <input type="checkbox"/> Couple Spotlight High <input type="checkbox"/> Couples Interpretive <input type="checkbox"/> Low <input type="checkbox"/> Medium <input type="checkbox"/> Intermediate <input type="checkbox"/> High <input type="checkbox"/> Couple (1-6) <input type="checkbox"/> Mixed <input type="checkbox"/> Similar <input type="checkbox"/> Jump & Spin <input type="checkbox"/> Low <input type="checkbox"/> Medium <input type="checkbox"/> Intermediate <input type="checkbox"/> High</p> <p style="text-align: center;">Indicate Level (1-10) <input style="width: 50px; height: 20px;" type="text"/></p>
--	---	---

Entry Fee

First Entry:	\$40.00 _____
Each Additional Entry:	\$20.00 _____
Tots	\$20.00 _____
Couples Spot/Interp -per skater	\$20.00 _____
Family Entry- 2 Skaters first entry	\$70.00 _____
Jump & Spin Event /Per Skater	\$10.00 _____
Total Enclosed:	\$ _____

Please make checks to Sherwood Ice Arena. *No Refunds*

Partner must also send separate individual

* Partners Name _____
 * Event Name _____
 Sex ____ Age ____ ISI# _____

Jump & Spin Event

Skater's Names: _____

I skate this competition at my own risk and hereby of myself, my heirs, executors and administrators waive and release any and all rights to claims for damages I may have against Sherwood Ice Arena, and its employees, agents or members of the competition committee, as well as any facility used for this participation in the Spring Classic Competition.

I have read all the attached and above information.

_____ Date _____ Date _____
 Skaters Signature Parent Signature

I declare that the information above is true, that this skater's test(s) is/are registered, that the skater is an individual member of the ISI, and is skating in the proper categories or levels.

_____ Date _____
 Team Coach or Skating Director

Mail application to: 20407 S.W. Borchers Drive, Sherwood Or. ATTN: Shannon Young 503-277-8297



"Spring Classic" ISI Open Competition April 30, May 1 & 2, 2010

Name of Team/Group _____
 Rink Representing _____ Coach _____
 Rink Address _____
 City _____ Zip _____ Rink Phone # _____
 Level _____
 Title of Music _____ **Entry Fee: \$ 15 per member**

Entry Deadline: March 31, 2010
Entries must be postmarked by March 31, 2010
Late entries , if accepted, must be double entry fee.

Name	Age	ISI #	Name	Age	ISI#
	As of 7-1-09*			As of 7-1-09*	
	*Synco Only			*Synco Only	
1 _____	_____	_____	10 _____	_____	_____
2 _____	_____	_____	11 _____	_____	_____
3 _____	_____	_____	12 _____	_____	_____
4 _____	_____	_____	13 _____	_____	_____
5 _____	_____	_____	14 _____	_____	_____
6 _____	_____	_____	15 _____	_____	_____
7 _____	_____	_____	16 _____	_____	_____
8 _____	_____	_____	17 _____	_____	_____
9 _____	_____	_____	18 _____	_____	_____

We wish to enter:

- Synchronized Formation Team *
- Synchronized Skating Team *
- * Age for Synco Only as of 7/1/2009
- Production Team
- Team Compulsories, Level _____
- Family Spotlight (Minimum of 2)

Age Category:

- *Tots Majority; 6 years or younger
- *Junior Youth Majority; 8 years or younger
- *Youth Majority; 9-11 years
- *Senior Youth Majority; 12-14 years
- *Teen Majority; 14-19 years
- *Adult Majority; 20 years or older

Age for Synco as of July 1, 2009

Total Entry Fee: \$ _____

Signature of Coach: _____ Date _____

Mail all entries to:
 Sherwood Ice Arena
 20407 SW Borchers Dr.
 Sherwood, OR 97140
 503-277-8297 **Attn: Shannon Young**

There will be no refunds.

We reserve the right to limit the number of entries,
 and to refuse late entries.