



At Sherwood Ice Arena, we're committed to the development of every skater that enters our facility. Weekly lessons are taught by highly qualified professional instructors. Sherwood Ice Arena offers a complete recreational skating program for all levels and ages. The curriculum is based on the Ice Skating Institute (ISI) recreational skating and testing program.

For further information regarding specific programs or class schedules, please contact Judy Bowman, Skating Coordinator
(503) 625- 5757



Cost:

- \$ 10.00 per class, payable at the beginning of each semester.
- \$ 11.00 for ISI Registration (March through August 31st). All students must join Ice Skating Institute. Annual card expires in August. This qualifies you for testing, shows, competitions, and is an insurance policy.
- 10 % off for each additional family member
- Students enrolling in 2 or more classes per semester will receive 10% off after the 1st class
- **Make your own group class**
If classes offered do not fit into your schedule and you have a group of FOUR or more friends with similar skating abilities, we may be able to arrange a special class time for you. (other students may be added to your class if applicable)



2/4/10

Learn to Skate Academy



April & May semester

Sherwood Ice Arena
20407 SW Borchers Dr.
Sherwood, OR. 97140
(503) 625-5757
www.sherwoodicearena.com

Program Structure

At Sherwood Ice Arena, Learn to Skate consists of two month semesters. Space is limited, so be sure to sign up early. Sign-ups are permitted during the first month of each semester.

Features Include:

- *1/2 hour group class
- *Rental Skates
- *Two free public session passes for practicing
- *Two free guest passes
- *Free public sessions on the day of your class
- *Progress Reports are presented to each student after the first month of classes.
- *Certificates are presented to each student at the end of the semester.
- *ISI Badge Testing will be offered at the end of each semester for a nominal fee. You would need to sign up for the test prior to the last class of the session.

A student may be moved up or down by the coach during current session in order to better facilitate the individual students needs.

Students will graduate to the next level of the program when they show mastery at the coaches discretion of their current level's objectives. Student may not sign up for the next level class without previous coaches approval.

****Please keep in mind:**
All missed classes and free Public Session punches MUST be used in the current semester.

Below is a list of classes, days, and times:

<u>Class</u>	<u>Day</u>	<u>Time</u>
*Parent & Me	Saturday	11:05 am
*Parent & Me \$12.00 per class		
<u>Helmets not required, but highly encouraged</u>		
Tot & Hockey Tot		
	Wednesday	5:30 pm
(3-5 years)	Saturday	11:40 am
<u>Helmets not required, but highly encouraged</u>		
Pre Alpha	Tuesday	4:00 pm
(5 yrs & up)	Wednesday	6:05 pm
	Friday	4:00 pm
	Saturday	12:15 pm
<u>Helmets not required, but highly encouraged</u>		
Alpha	Wednesday	5:30 pm
	Saturday	11:40 am
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Beta	Wednesday	5:30 pm
	Saturday	11:40 am
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Alpha Beta	Tuesday	4:30 pm
	Friday	4:30 pm
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Gamma / Delta	Wednesday	5:30 pm
	Saturday	11:40 am
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Freestyle 1-3	Wednesday	6:05 pm
	Saturday	12:15 am
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Jump & Spin Class **		
	Wednesday	6:40 pm
	Saturday	12:15pm
Figures	Friday	1:30pm
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Axel ***	Wednesday	6:40 pm
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<u>Class</u>	<u>Day</u>	<u>Time</u>
Adult Class	Wednesday	6:05 pm
	Saturday	11:05 am

Minimum of 3 students per class or class will combine.
 ** (all skaters must be FS4 or with coaches referral)
 *** (All skaters Freestyle 5 or with coaches referral.
 Must also be okayed by
 Judy Bowman, Skating Director

NEW CLASSES:

<u>Class</u>	<u>Day</u>	<u>Time</u>
Pre-preliminary moves in the field	Saturday	11:05 am
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<u>Class</u>	<u>Day</u>	<u>Time</u>
Off Ice training	Thursday	5:00-5:30pm
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<u>Class</u>	<u>Day</u>	<u>Time</u>
Music Interpretation	Friday	4:30-5:00pm

No Class on Saturday May 1st due to the ISI Spring Classic Competition.

If you need to do a make-up class, please call ahead to verify class availability and times.

All times and classes are subject to change due to enrollment.



Learn to play hockey program on Thursday nights from 5:10-6:10. See separate brochure